

Tennessee State Parks 2005-2006 Running Tour Grand Prix Rules

1. All Main Race Entrants are eligible for The State Grand Prix Championship. A runner must compete in at least 5 events, with a maximum of 8 best times, to be eligible for Grand Prix Awards. You must be present at the Grand Prix Awards Banquet to receive any awards.

2. The State Grand Prix Awards will be awarded in 8 categories. Your age group on your first race determines your category for Grand Prix points.

OPEN MALE Top 25 men (through age 39) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

OPEN FEMALE Top 25 women (through age 39) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

MASTERS MALE Top 25 men (age 40-49) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

MASTERS FEMALE Top 25 women (age 40-49) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

GRAND MASTERS MALE Top 25 men (50-59) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

GRAND MASTERS FEMALE Top 25 women (50-59) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

SENIOR GRAND MASTERS MALE Top 25 men (60 and over) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

SENIOR GRAND MASTERS FEMALE Top 25 women (60 and over) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)